

Working together

Autistic and learning disability Drivers



 **made with
photosymbols®**

What this Easy Read is about



This is an Easy Read about working with people with learning disabilities and autistic people.



This is based on Scottish Government, Inspiring Scotland and The Assembly work.



People with autism and learning disabilities were called **Drivers**.

Rights



Rights

The **Scottish Human Rights Commission** want to make sure people with learning disabilities and autistic people feel happy in society.



This work used the **PANEL** principles.

These are:



Participation

Accountability

Non - discrimination

Empowerment

Legality

More about rights



In the past it has been agreed that:

- you must work with people to understand their needs, talents and what they have access to.
- services must be for people and communities.



Working together



This work was about working together to a shared goal.



This involved team work.



Time was needed to build trust, welcome differences, and think about things together.

Trust



A trusting environment helps people deal with change and reduces stress.



Trust is where people are listened to and can share their ideas.



Trust can make you feel safe.

Diversity



People came from different backgrounds and experiences.



People bring different skills.



The **Drivers** were paid for their contributions.



Different payments were agreed by the different organisations involved.

More about diversity



The Scottish Government has guidance on paying people with lived experience.

Thinking about different things



It is important to think about and then sort out problems when people are working together.



It can be hard to work together so it is important everyone can say how they feel.



Joint autism and learning disability meetings didn't always work for the **Drivers**.



The learning disability Drivers were happy in a group and when they had time to think about what they wanted to say.

More thinking about different things



Many autistic Drivers were happy to be online and to put things in the chat.

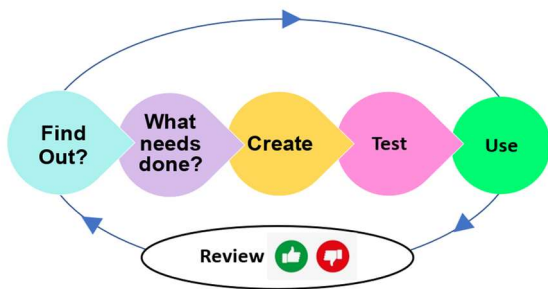
Working groups



Three working groups were set up to look at priorities for mental health support.



The learning disability Drivers helped develop how the work would happen. The stages were:



- Find out?
- What needs done?
- Create
- Test
- Use

Tests of change



A test of change is a way to see what difference has been made.



It looks at what does and what does not work well.



If things are tested with a few people, they can be changed before they go out to more people.



Some examples of things to support this way of working are online.

They are on this website.

Written in 2024