

## Towards Transformation Leadership Framework summary of the stages involved

### Summary of training for GPs and other practice staff autistic working group

#### Find out



Took research findings from the research stage report relevant to GPs and mental health support, including:

*"Autism informed training for all frontline staff but especially GPs to improve Autism understanding and the relationship with mental health. The vast majority of respondents had approached their GP for help with mental health issues, and it is essential for them to have a much better understanding."*

- Autistic Drivers discussed the evidence and shared their personal experiences of seeing GPs and the things that make a difference
- Autistic Drivers shared their experience of developing and delivering autistic led training for GPs

#### What needs done?



- The group came up with an idea for a film to cover things identified in the project research that make a difference when making an appointment and seeing your GP
- It was recognised that materials already exist but more autistic perspective and experience is needed
- The group felt posters for GP surgeries could pull out the key messages in the film

#### Create



- The Drivers attended an in person workshop to develop the framework for the film script
- Working group meetings then developed the film script and poster content

- Members of the group shared GP contacts. Connections were made with GPs to ask for comment on the draft film script. Comments were provided from two GPs (one of whom was autistic) on the draft film script.
- A test outline was shared with all Allies and Engineers with a request to highlight any gaps identified or similar work to be aware of.

The group resources:

- A film sharing and depicting the experiences of making an appointment and seeing a GP. This was created by Ability Academy, an autistic-led film company.
- Two posters for GP surgeries with key messages highlighted from film. The poster visuals were created by an autistic illustrator.

## Test



The aim is to test the difference in GP and practice staff understanding of autistic people and their practice with autistic patients after watching the film.

A questionnaire with baseline questions was devised based on the experience of implementing mandatory autism and learning disability training in England (the Oliver McGowan training). Responses will inform evidence of how the resources are being used.

The testing took place in 2024 in two GP practices. Feedback was asked about the content of the resources and advice about how they could be shared.

## Use

The group has agreed with NHS Education Scotland (NES) that the resources will be linked to on the Turas learning platform for health and social care practitioners. It is intended that the resources will be shared with and promoted to all NHS staff.